



# **ICAR-INDIAN INSTITUTE** OF HORTICULTURAL RESEARCH DET NIDH





# Training on "Microgreens Mastery: Techniques and Tips for Efficient Production"



Course Director: Dr. D. Kalaiyanan.

Course Co-Directors: Dr. Smaranika Mishra.

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Dr. Carolin Rathinakumari

Course Co-ordinators: Dr. M.V. Dhananjaya,

CEO, BESST-HORT.

Date: 23rd May 2025

Time of Training: 9:00 AM to 5:30 PM venue: Video Conference Room, Admin

building, ICAR-IIHR, Bengaluru.

Training Overview: Join BESST-HORT at ICAR-IIHR, Bengaluru, for a hands-on training on microgreen cultivation. Learn the skills to grow nutrient-rich microgreens, ideal for culinary use. Gain expert guidance on sustainable and efficient production techniques. Perfect for aspiring growers looking to explore this growing field.



# **Objectives**



To understand the basics of microgreens, their health benefits, and uses.



To master advanced cultivation techniques, care, and commercial scaling.

**Scope of Training** 

This program covers everything from seed selection and germination to advanced cultivation techniques. Participants will gain practical experience through interactive sessions and demonstrations led by experts. The curriculum supports both home gardeners and commercial producers.

#### **Prospects of Training:**

This training program provides a strong foundation in microgreen cultivation, highlighting their health benefits and market demand. It covers sustainable farming practices, urban farming, and offers insights for entrepreneurs on starting and managing a microgreen business. Participants will be equipped with essential skills to meet growing consumer interest and succeed in the market.

Who Can Participate: This program welcomes diverse group of individuals like farmers, culinary professionals, and students in agriculture or plant science. It caters to individuals at any career stage interested in microgreen cultivation. Participants will gain valuable knowledge and hands-on skills. The diverse eligibility ensures a wide range of backgrounds can benefit from the training.

### **APPLY NOW**

## **Charges for training:**

Rs. 2000 for offline, & Rs. 1000 for online participants

**Registration link:** 

https://forms.gle/FkbXrJTDnrKxRaLaA



About

Training fees includes snacks, Tea, Lunch, Certificate, & Training manual



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